

# Advent 2018 (Week 3)

## “EXPECTATIONS”

### **Third Sunday of Advent (Gaudete Sunday): Resentful or Rejoicing?**

In Advent we remember the history of Israel, who longed for a promised messiah to save them. Their expectation was that the messiah would restore true worship to the nation. Christ fulfills this expectation by making us temples in which our entire lives “become worship” offered to the living and true God. Anything less would bring resentment instead of rejoicing.

### **Reflection and Discussion Questions:**

1. Everyone worships something. What kind of false gods have you worshiped before in your life? How did you adjust your life to be at their service?
2. How did you respond to the idea of “becoming worship” for God? What would it look like if every hour of your week was lived as worship?
3. What are some ways God is inviting you to *celebrate and rejoice* in the offering of the Eucharist each Sunday?

### **Virtue for the week: *Piety***

This week I will choose to make space to worship and honor God in my calendar, in my family, and in my heart in a new way.

### **For personal prayer:**

Visit a perpetual adoration chapel (such as at Saint Rose or St. John the Baptist) to spend 30 or 60 minutes with Christ in the Blessed Sacrament. Open a Bible to Romans 12:1-2 and listen to how God is speaking to you through the passage.